

BALLISTIC T-SHIRT USER INTRUCTIONS





Push panel into the pocket.

Bring the outer T-Shirt over the panel



Turn the T-Shirt over – back facing up

Repeat above to insert rear panel.



Turn T-Shirt over – front side down.



With back facing up, insert arms through to arm holes.



Bring down over head onto body and fasten internal straps. Pull outer T-Shirt down



TO REMOVE:

Pull the outer T-Shirt cover up to reveal the panels.

Pull T-Shirt upwards by the shoulders so it starts to move up over face and then use the panels to push it up over your head.

This will enable you to pull it off over your head.